

- G'day, I'm Warwick Schiller. And thanks for joining us on the online video library. I just want to welcome you to the journey 'cause it's quite a journey we're gonna be on here. And I just wanna explain how this whole video library is set up 'cause we do have a lot of footage on here. And it can get a little overwhelming if you don't have a clear path about what you're going to do, so it's set out in a certain way and probably the biggest piece of advice I give you right off the start is do not jump ahead to the bit you wanna fix. If you think oh, my horse has this little problem, I wanna go and fix that problem. There's probably a video that you can find somewhere that will fix that problem. But usually, when you have different behavioral problems, usually there's a cause of the behavioral problem and that cause of the behavioral problem also caused a number of other behavioral problems. So, skipping ahead is probably not the best idea. I mean, we all do it, I do it when I learn something new. So, you're gonna do it anyway, but then at some point, you're gonna come back to the start. And that's what I want to talk about now is where to start from. But before I do that, I wanna tell you about our app. So we have an app that's available. And it's available for both Apple and Android. So if you go in there, any of the app stores to get your app and you can see on here, when you get on the app, if you go to the train, section circle here in red at the bottom, and when you go in there, it will bring up a whole checklist of things to go through. So you can actually keep track of what you're up to. When you click on any of the things in that checklist it takes if you're logged in, on the same device, it takes you straight to that particular video right there. If you don't have a phone or don't use apps on a phone or something like that, you can find the same checklist on the website. So you can see on the website here, the checklist is circled in red. And it does exactly the same thing when you get in that checklist, you start the start and when you click on each of those things, it will actually take you straight to the relative video. So it's very, very easy to keep track of where you are, and also to be taken to the right video for where you're at. And so we have most behavioral issues, especially if you're on the saddle are gonna be solved on the ground. And we have two paths you can take to do all the groundwork, we have the relationship path and we have the skills path. And so for a long time I trained horses for the public and basically what I did is in that skills path, my whole purpose was to teach the horse how to do things to develop skills with the horse. And in developing those skills, you will also develop relationship as you go. But about five years ago, I stopped training horses for the public and we bought our own place, we've had our horses at home. And I've really started working on more on having a relationship with them. And I've found now that I wish I had known about that when I was training horses because there's a lot of little things you can do relationship wise, that will really, really help with the training of horses and so, which one of those paths you choose really depends on where you're at in your horse journey. The skills path is very black and white. And so if you have no experience with horses, you might be better off with the skills path because the relationship path. There's a whole lot of judgment calls go in there, there's a whole lot more reading situations and I wouldn't want you to make the wrong judgment call and get yourself or your horse hurt. So possibly the skills path is the best one to go down, but I really think that the relationship path is just relationship overlaid over the top of the skill stuff. So you'll really have to choose for yourself which one you wanna do. And I'm gonna walk you through those two different paths right now and tell you what's on each one. So the very first part you will come to on the subscription is the relationship path. I mean, I highly recommend everybody does that.

And this playlist in that relationship path in the first playlist would come to, is called the principles of training. And the principles of training was a TV show that I filmed that aired here in America on farm and ranch TV, and it's aired in the UK and all over Western Europe on horse and country TV, which I think maybe has been in Australia or New Zealand too. And it is about the underlying principles of any training you might do and if you understand the principles, you understand why you do things that helps you apply techniques so much better, but it is not a techniques based bunch of videos. So, it's not gonna teach you how to train your horse. It's just going to give you the reasons why you would do things a certain way with horses. It's pretty educational, but it's not it doesn't tell you the techniques, it might show you some techniques and to the underlying principles behind them, but it's not a full blown path to train your horse. So you can watch that at your leisure. You can watch a little bit to start with, I'll probably recommend watching the first season at least, there are three seasons. And if you watch the first season, it'll kinda give you an idea about everything else that you're gonna do, but it's definitely not techniques, don't watch it and think you're gonna get the techniques. The next playlist you're gonna come to is called the human factor playlist. And it's not about training horses, but it's about us our judgments, our thoughts, our energy, those sorts of things in relation to horses because that really makes a huge difference with your horse. So, you can watch those at your leisure too. You can watch them to start with or you can watch them after you've started training your horse. Probably better to watch in the beginning 'cause you might have a completely different outlook on how you go about things with the horse afterwards, but it's definitely up to you which one you do. Then the next playlist is gonna come to, which is the first part of the horse training stuff it's called hooking on and hooking on is really about connecting with your horse when they're loose so that they'll choose to be near you. There's some videos and they have some barb stallions, I worked with them in Morocco last year I've got some videos about horses here working loose in the arena here and out in the pasture maybe, just showing you how some of that works. But it's good if you've got a hard to catch horse but even if you don't have a hard to catch horse even if you've got a horse that maybe horses quite easy to walk up to and catch but they just stand there this is all the stuff in that, hooking on is about getting those horses connected to you and wanna come over to you and offer to be with you which is always a great way to start out with horses. The next playlist is called focus and relaxation and if you think about in humans so think about there was a Chinese philosopher named Lao Tzu-600 BC who said, "If you're depressed you're living in the past "and if you're anxious you're living in the future. "And if your present, you are peaceful, if you're peaceful, "you're living in the present." And that's called mindfulness and that focus for relaxation you can call it mindfulness for horses but it's about how to get those horses to focus on the present, to get them, to help them to relax because there's no use trying to train your horse to do anything if you cannot get your horse to relax, and some of the skills you'll teach the horses in that hooking on part will be applicable to go into his suit. So everything's in order, you wouldn't start at the last playlist and then go back to the first one because everything's in order once you get to the horse training stuff, you know the principles of training first, human factors second, then we get into the horse training. It also includes that focus for relaxation playlist also includes a flowchart or decision tree so I did that because at clinics, you know someone would. Hand me a horse and now I've gotta make a decision. What do I do right now when this horse is

doing that particular thing? So I made up a flowchart or decision tree. So it says, Is your horse standing still? Is he distracted? Is he shut down? Is he scared? Is he beligerent? Is... And it kinda gives you a fair idea of what to do with your horse on the end of the lead rope. And this is really before you start asking to do anything this is more about what I might call passive leadership. If you think about two different leadership styles one's assertive leadership and one's passive leadership, passive leadership is where you allow them to make the decisions and then you respond basically, because of the decisions they made, that's passive leadership. And so in this focus, relaxation, you're not asking for anything, you're waiting to see what they do they call the shots first and you respond to them. By the end of that playlist, you should get to where those horses just being there they are quite happy to say, "Hey, I'm really good now agenda, "what would you like to do next?" And then we can start doing things with him, which also is in that playlist shows you how to do that. And probably one of the most important videos in that playlist is one that is called collision avoidance and it's about when you start first start asking your horse to do anything on the ground. It's important you understand what collision avoidance is, what collision avoidance isn't. Before you ask him to move at all too much, you really need to understand that collision avoidance because it will be a part of everything you do with your horse from there on out. Then the next playlist is called focus and bend and that's when you start asking to move those horses around you when you're trying to get them to move and have a correct band and stay connected with you while you're moving which is all of your basic groundwork skills they're really. The next playlist you will come to is one called the "Dixie" series and "Dixie" was a friend of mine had a broodmare and had a few foals and this is of her a few years ago it starts out when she was on her mother, it shows all the work with her as a foal on her mother and then it shows some of the work with her later on during her yearling year and then during her two year old year, and it shows basically up to the point where you'd start riding her, went through all the saddling all the getting her prepared to ride it just we don't get to the riding in that one. But if you don't have a foal in there you could probably start at the teaching leading video. So the video and they're called teaching leading on the "Dixie" series. If you've got your average horse, you could probably start right there. Later on in the in the skills path. There is a full series of "the Andalusion series that I got in training a few years ago that had all sorts of problems. And it shows all the groundwork with that horse solving all those problems. Well, the groundwork with that "Dixie" is basically the Andalusian horse but with connection instead of it being about skills it's about connection and if you I really think that "Dixie" if I had done it the way I used to do 'cause she's probably really good to watch if you've got a tricky sort of a horse because she could have been a handful. I could have turned her into a handful put it that way, if I hadn't gone about things a certain way On that relationship path instead of doing the skills path. So the skills path it starts out very similar as far as it's got the principles of training first, then it's got the human factor next, then there's a whole playlist of that Andalusian so that you know the Andalusian was, he was wearing a rug or a blanket when I got him. He was at the same training facility I was at over in the dressage barn and when I went over there to his stall, I show you me going over to his stall, getting him out. Catching him in his stall taking the blanket off him in his stall and this poor horse was petrified of the blanket. And they've been riding him trying to do dressage with him he had a lot of baggage, but that shows you the first day, the second day, the third day, the fourth and fifth day so it shows all that, then it's there's

another playlist called hooking on, which is the type of hooking on I used to do and that hooking on is more about teaching those horses how to find a place where there's no pressure is more about pressure than it was about connection. And it really depends on how you view the world, whether you find that more attractive or the relationship or that just so happens to be at this point in my life, the relationship path really, really suits me. And then there's all the groundwork with a three year old, warmblood mare that I had, she hadn't had anything done with her, as opposed to the Andalusian, which was undoing stuff. And this mare she turned out all right, it'll work good. She probably could have benefited with from the relationship path too. And if you if you watch those videos, you'll see there is quite a bit of the relationship path in there, but it's just in the whole relationship path. There's a whole lot more noticing the little things. So those two things at least that's all the groundwork. After you get to the ridden work and I think I've always probably worked on connection a lot more under saddle than I had on the ground. So the ridden work there's not two different paths. By the time you get to that point, you should be good. It starts out with the first rides and even if you've got a horse who's been ridden for 10 years, but you've got a problem you've got a who knows what it is too fast too slow, bucks, bolts, bracey on contact, you name it. Go back to the first rides anyway, 'cause usually that's where the problems start lack of basics there. So there's the first rides with a horse named Elroy. I did the first ride at a clinic in Australia, so I think that was over three or four days it shows that, then there's the first rides on horse I had named Albert, and the one with Albert, I do the first rides on my own, whereas the one with Elroy I start out with someone on the ground when I'm on the back, and that's always a really good way, especially if you've got a horse that has a hard time going forward, you can get them forward on the ground but not under saddle, it's a very good transition to where you're riding them, but the person on the ground is actually asking to go initially and you slowly morph that from the asking to go from the person on the ground to the person in the saddle. After that comes a playlist called the basic body control. And basic body control might sound like it's basic, but it's all the body control you'll ever need. It goes all the way from steering them up to the flying lead change, shoulder in all the really technical stuff. For me, if I was riding those horses, there's probably about, riding those horses six days a week, there's probably about 12 months worth of training in that playlist, if not more, it'd be more than that, I think. And so that's if you're riding a horse six days a week. If you're not riding six days a week if you're riding three days a week, there's probably two years worth of training in that playlist and if you get all of that stuff on your horse really well, usually you don't have any problems after that, because not only are you teaching them skills on how to do things, you're also staying away from putting them in situations to where they might resent you or things like that when the jumping world there is a term called over-facing, when you ask a horse to jump a jump that's too big for him and he can't do it. And they start to refuse after a while, they start to lose trust in you and they start to lose faith in themselves that they can actually jump anything a lot of times they'll quit jumping anything if you over-face them. So that basic body control is making sure you don't over-face your horse. It makes sure you teach your horse things in a step by step process and it's all very logical from the start to the finish the skills they learn in the first thing by using the second thing And the third thing, the fourth thing and the skills alone the fifth thing that we're using the 10th thing, so it's in order, so you don't want to jump around that one, you wouldn't make sure you put all those skills on there in the right order. After that, there's a playlist called

additional videos. Actually, there's a section called additional videos in the first playlist and any stories and ideology. So it's maybe me at horse expos, telling stories about things. Maybe I've set in front of a video camera and told you some stories about some things or some thoughts about different things. A lot of stuff to think about in that playlist. Then there's the individual horse series, Back when I had that Andalusian I was talking about and I was training for the public, I'd have a problem bolting horse come in and I'd film from the first day the second day, the third day, had rearing horses come in from the first day, the second day, the third day, the fourth day. In that individual horse series a couple of years ago, I got a chronically rearing eventing mare here in California and so it shows all the training from day one to the day I took her home and even the day I took her home a we went and jumped her a bit in the end. The thing about her is she was chronically rearing before she got here, but at no point in time in that whole six weeks I had her does she rear. And the reason she doesn't rear during that six weeks is because I didn't over-face her, I went back to the start and slowly added things and that mare lacked a lot of confidence in her handler and riders. So there's a lot of footage in that one there. The next playlist is called more groundwork and troubleshooting. Okay, so it's more stuff on the ground. It's also troubleshooting. Like, if I'm doing clinics around the world, and I see a horse, it's got a problem that I've not seen before. I will video that problem, put it in that playlist. That includes foal handling in there too. So out we've got a foal here named Chance, he's actually a yearling now, but it shows all the foal handling with him. It also shows a lot of foal handling I went to a place in Australia that they handle a lot of thoroughbred foals. And so there's quite a bit of that on them too and there's also a yearling in there named Red from a few years ago back when I was training horses with the public, and he was an odd little horse that some people if you have an odd little horse like that, it might be helpful to watch that whole series of Red he was kind of a snorty, suspicious little fella. He definitely could have done with the relationship path that was the skills path back then, I still think there's a lot of really good lessons in that. Then another playlist called more ridden work and troubleshooting, which includes more first rides. number of different first rides on some weird horses just different other horses, then you have common problems and that includes trail riding, there are 73 videos and the common problems things. So there's a lot of footage in there and like I said, that includes a lot of things about trail riding, and then the last one in that additional videos playlist is clinic footage and there's 63 videos of clinic footage from different clinics around the world. And so like I mentioned a minute ago if I say hosted a clinic that it's doing something weird that I'm not actually captured on film before, I'm gonna do that. So that's where all that stuff will go. At the moment, I think there's about 350 400 hours of real time footage on this. So that's a lot of stuff to look at. But I really would suggest not jumping all the common problems and things in the end until you work through all the groundwork at the start other than the relationship path of the skills path, but I'd really suggest the relationship path. If you cannot do things under saddle, start out with the the first rides, basic body control, and then I'd start looking at common problems. But I think if you go through a lot of this stuff, usually your common problems aren't that common anymore. They're rather uncommon. And I'm pretty sure in the doing of this thing doesn't matter which path you're doing the skills path or the relationship path, you will tend to find that as a person, you will change some things about yourself in order to be able to apply this stuff well

and that's really why we refer to it as the journey. So, welcome to the journey. I'm glad to have you along and I hope you enjoy it.